



## CASAC Initial Certification 350 Course

Hello! I would like to introduce you to the Helio Health Training Institute!

The Helio Health Training Institute is an approved OASAS Training provider for the delivery of the full CASAC 350 hour training for CASAC Certification.

Please note, in each module, there are additional assignments and tests to complete outside of class time and students are expected to meet grading and attendance standards in order to pass the course. Additional sections may be added to this schedule as needed.

Please note that completion of 350 certification classes will **not** count toward their work hours requirement that is set by OASAS and varies depending on your qualifications. Further information on this can be found on the OASAS website: <https://oasas.ny.gov/credentialing/alcoholism-and-substance-abuse-counselor-casac>

If you have already submitted an application to OASAS and only require certain parts of a module or modules, we can work with you to tailor the program to meet your needs. Our hourly rates are \$12 for employees and \$17 for the general public. If you only need certain hours, please contact us to discuss schedules and needed hours/sections.

Finally, we recognize that taking these courses is a significant financial investment. We are able to help by offering payment plans should the need arise. In order to inquire about a payment plan, please indicate this when completing this application. Our payment plans are tailored to each student and carry no interest. Payment plans split the cost of each section into monthly or bi-weekly payments. Payment plans only run for the duration of each section (e.g. if your section runs from January until May, you will make six monthly payments, starting with 30 days prior to the start of classes.)

If a payment plan is still beyond your means, you might consider one of our grant opportunities, or contacting either ACCES-VR or CNY Works to enquire about funding through those organizations. Both organizations have funded students in the past. *Please note if using a third party payer (e.g. ACCES-VR) you need to attach a payment verification letter to this application for it to be processed.*

Unfortunately, as a private training institute we are unable to accept other student loans to cover the cost of CASAC training at this time.

I hope this answers some of your questions. Feel free to contact me via email for additional info.

Nathan Rauscher, MBA, LMSW, Master CASAC

Helio Health Training Institute Director

[Training@helio.health](mailto:Training@helio.health)

*\*If you have previous education that may apply towards the 350-hour CASAC education, a CASAC application and transcripts must first be sent to OASAS. Please complete the NYS OASAS CASAC application on their website - <https://oasas.ny.gov/credentialing/casac>. You will receive a "Letter of Review" stating what additional requirements you need to obtain your CASAC, include the specific needed training hours. You are welcome to take only the hours you need with the Helio Health Training Institute at a prorated cost (scholarship opportunity restrictions may apply for partial education).*

# What CASAC option is best for *you*?

	In-Person CASAC Syracuse, NY	100% Virtual CASAC (2 open classes)	100% Virtual CASAC (1 open class)	100% Virtual CASAC (1 open classes)	HRSA Supercare 2
Schedule (Days/Time)	T & Th 2x per week 5pm-8pm	M & W 2x per week 5pm-8pm	M & W 2x per week 5:30pm-8:30pm	T & Th 2x per week 5pm-8pm	M, T, W, Th 4X per week 9am-12:30pm
Hours Per Week Committment	6 hours	6 hours	6 hours	6 hours	14 hours
Average # of Months to Complete	14-16 months on average	14-16 months on average	14-16 months on average	14-16 months on average	6 months
Virtual or In-Person	In-Person (Syracuse, NY)	100% Live-Virtual	100% Live-Virtual	100% Live-Virtual	100% Live-Virtual
Payment Options	Self-Pay, Helio Health Employee Scholarship, ACCES-VR, OASAS	Self-Pay, Helio Health Employee Scholarship, ACCES-VR, OASAS	Self-Pay, Helio Health Employee Scholarship, ACCES-VR, OASAS	Self-Pay, Helio Health Employee Scholarship, ACCES-VR, OASAS	Grant Funded (no out of pocket cost)
Internship Required?	120 Hours (for OASAS Grant <b>ONLY</b> )	120 Hours (for OASAS Grant <b>ONLY</b> )	120 Hours (for OASAS Grant <b>ONLY</b> )	120 Hours (for OASAS Grant <b>ONLY</b> )	Yes - 500 Hour Internship 2000 Hour Apprenticeship
Stipend Availability?	No	No	No	No	Yes - Milestone Based
Next Available Start Date	Section 1 - 8/12/2025 Section 2 - 12/9/2025 Section 3 - 7/7/2026	Section 3 - 7/7/2025 Section 2 - 7/30/2025 Section 1 - 10/15/2025 Section 2 - 3/2/2026 Section 3 - 3/18/2026 Section 1 - 7/7/2026	Section 3 - 9/15/2025 Section 1 - 1/5/2026 Section 2 - 5/4/2026	Section 3 - 7/8/2025 Section 1 - 10/14/2025 Section 2 - 3/3/2026	TBD - November 2025

# Section Descriptions

## Section 1

*Knowledge of Substance Use Disorders*  
Course content includes:

- Basic knowledge of the physical, psychological, and pharmacological effects of substances, including an introduction to diagnostic criteria supported by the DSM-5
- An overview of the addictions field.
- Diversity of intervention and treatment approaches.
- Knowledge of 12 Steps and Mutual Aid groups
- Toxicology testing and screening.

Total Number of Training Hours: 85

Total Cost:

\$1,445.00 (Public Rate)

\$1,020.00 (Helio Health Employee Rate)

## Section 2

*Alcoholism and Substance Abuse Counseling*  
Course content includes:

- An introduction to the foundational counseling skills for individual, group, family, significant others, and special populations, including practice and experiential training within the classroom setting.
- Introduction to Cultural Competence.
- Theories of human development and the relationship to substance use.
- Overview of integrated care, crisis management, recurrence of symptoms, and relapse prevention.

Total Number of Training Hours: 150

Total Cost:

\$2,550.00 (Public Rate)

\$1,800.00 (Helio Health Employee Rate)

## Section 3

*Assessment, Clinical Evaluation, Treatment Planning, Case Management, and Patient/Family/Community Education*  
Course content includes:

- An introduction and overview of substance use disorder screening, assessment, and evaluation tools and skills.
- Training and practice on treatment planning, patient record keeping, and discharge planning.
- Knowledge on case management, referrals and service coordination.
- Overview of how to inform patients, families, and communities on prevention and education around substance use disorders.

Total Number of Training Hours: 70

Total Cost:

\$1,190.00 (Public Rate)

\$840.00 (Helio Health Employee Rate)

## Section 4

*Professional and Ethical Responsibilities*  
Course content includes:

- Professional and ethical responsibilities as it relates to:
  - Counselor/Patient relationships.
  - Ethical decision making and conduct.
  - Confidentiality and legal issues.
  - Professional development.
  - Counselor wellness.

**NOTE - This section is available only as a self-study course and can be taken at any time!**

Total Number of Training Hours: 45

Total Cost:

\$765.00 (Public Rate)

\$540.00 (Helio Health Employee Rate)

## Full 350 Hour CASAC Training

Total Cost:

\$5,950.00 (Public Rate)

\$4,200.00 (Helio Health Employee Rate)

# **PAYMENT OPTIONS EXPLAINED**

## **Employee Scholarship (Helio Health Staff Only)**

Programs of Helio Health may cover the cost of the training. Applicants need to speak to their direct supervisor to discuss this option as scholarships are available on a case-by-case basis and must be supported by the program budget.

Applicants are required to work for Helio Health, Inc for one (1) year after completing all 350 hours of education. If the staff person does not, they are responsible for repayment.

Scholarship paperwork can be found here:

SharePoint > Agency Resources > Human Resources (HR) > HR Forms >  
**HH-HR-FRM-0063 - CASAC and CRPA Divisional Sponsorship Form**

## **Employee Payroll Deduction (Helio Health Staff Only)**

Employee rate for training is taken out of your bi-weekly paycheck over the course of the the training program. Total cost will vary, but on average for all four (4) sections over a fourteen (14) month time frame, the cost is roughly \$120.00 per paycheck.

Deductions will start the paycheck prior to the start of your training and will conclude the paycheck prior to your last class.

## **Self-Pay via Credit/Debit Card or Check**

We offer payment plans to break up the cost of the program into smaller bi-weekly or monthly payments over the duration of the program.

## **Funding via ACCES-VR or Workforce Program**

Students are responsible for securing this payment source. If this applies please let us know so Training Institute staff can connect with your caseworker.

# GRANT FUNDED PROGRAMS

## OASAS SCHOLARSHIP

To qualify, must submit additional documentation. Please reach out to [training@helio.health](mailto:training@helio.health) to obtain the necessary documents:

- Addiction Professionals Scholarship Program Application Form
- Employment Verification Form (for applicants who selected one of the\*\* employment options above)
- Three (3) Reference Forms/Letters of Recommendation on affiliate letterhead clearly indicating the signatory's credentials/title/qualifications to write on the applicant's behalf (Employment Verification Form may be submitted in lieu of one (1) Reference Form/Letter of Recommendation and is REQUIRED for any applicants who are working in an OASAS/OMH/DOH-certified setting and/or within a setting along the addictions continuum of care at the time of application\*\*)
- Personal Statement (for individuals not currently employed in the addictions field\*\*\*).

Priority admissions will be based on current employment status for any applicants who are working in an OASAS/OMH/DOH-certified setting.

## SUPERCARE CASAC Program

### Grant Program Requirements:

- Completion of 350 hour educational program
- 500 hours of onsite internship/training with Substance Use treatment experts. Internship must start no later than 90 days after completion of 350 hours educational course.

**Stipend:** The stipend will be available based on program achievement in several areas of coursework, including the CASAC-T application process and certification

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# CASAC Application Form

To apply for any of the Helio Health Training Institute's CASAC Training Programs, the application is available through the following link:

[Click here to apply](#)

Please complete the online application form and email [Training@Helio.Health](mailto:Training@Helio.Health) with any required documentation.

If you have any further questions or concerns, please email us and we will respond as soon as possible.

Thank you for choosing the Helio Health Training Institute!



## CASAC, IT MEANS SO MUCH MORE TO SO MANY.

The need is great, the rewards even greater. We'll help you get credentialed, so you can help others start their recovery.  
To explore CASAC training, contact the Helio Health Training Institute at [training@helio.health](mailto:training@helio.health) or visit [helio.health](http://helio.health)

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Training Institute at  
[training@helio.health](mailto:training@helio.health)