

INTEGRATED CARE CONFERENCE
LOOKING FORWARD:

*The Next Chapter
of Integrated Care*

April 7th - 8th, 2025

Presented By



The Oncenter,
Syracuse, NY



2025

HELIO HEALTH INTEGRATED CARE CONFERENCE

Looking Forward – The Next
Chapter of Integrated Care



Keynote Speaker
SEAN ASTIN

APRIL 7 & 8, 2025



Email us:
training@helio.health



CONFERENCE SCHEDULE



Helio Health®
Training Institute



DAY 1 AGENDA

MONDAY, APRIL 7, 2025

7:30 a.m. - 8:30 a.m.	Registration and Check In
8:30 a.m. - 8:40 a.m.	Opening Remarks
8:40 a.m. - 10:00 a.m.	Galen Emanuele
10:00 a.m. - 10:15 a.m.	BREAK
10:15 a.m. - 11:45 a.m.	Tonier Cain
11:45 a.m. - 1:00 p.m.	BREAK/LUNCH
1:00 p.m. - 2:00 p.m.	Breakout Session #1
2:00 p.m. - 2:30 p.m.	BREAK/TRANSITION
2:30 p.m. - 3:30 p.m.	Breakout Session #2
3:30 p.m. - 4:00 p.m.	BREAK/TRANSITION
4:00 p.m. - 5:00 p.m.	Mariam Khayretdinova

DAY 2 AGENDA

TUESDAY, APRIL 8, 2025

7:30 a.m. - 8:30 a.m.	Registration and Check In
8:30 a.m. - 8:40 a.m.	Opening Remarks Connor McKay Director, Policy & Advocacy National Council for Mental Wellbeing
8:40 a.m. - 10:00 a.m.	
10:00 a.m. - 10:15 a.m.	BREAK
	Panel discussion on the future of behavioral health in New York and what these agencies see as how we can best advocate for treatment and services. Lauri Cole – LMSW Executive Director at NYS Council for Community Behavioral Healthcare
10:15 a.m. - 11:45 a.m.	Joshua Rubin Vice President, Client Solutions, HMA Jihoon Kim, LMSW Chief Executive Officer, InUnity Alliance Vincent P. Rossetti Rossetti Government Relations
11:45 a.m. - 1:00 p.m.	BREAK/LUNCH
1:00 p.m. - 2:00 p.m.	Breakout Session #3
2:00 p.m. - 2:30 p.m.	BREAK/TRANSITION
2:30 p.m. - 3:30 p.m.	Breakout Session #4
3:30 p.m. - 4:00 p.m.	BREAK/TRANSITION
4:00 p.m. - 5:00 p.m.	Sean Astin
5:00 p.m. - 6:00 p.m.	Meet and Greet with Sean Astin



BREAKOUT SESSIONS



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Monday, April 7, 2025 – 1:00 p.m. - 2:00 p.m.

BREAKOUT SESSION	DESCRIPTION	ROOM
<p>Creating Safer and Inclusive Spaces in SUD Treatment</p> <p><i>Presented by:</i> <i>Dylan Fredricey, MSW</i></p> <p><i>Dr. Nicole Zmuda, LCSW, PhD</i></p>	<p>Members of the LGBTQIA+ community experience substance misuse and other mental health concerns at disproportion rates when compared to cisgender and heterosexual individuals. As such, treatment providers have a responsibility to understand treatment needs unique to this community. This training will provide behavioral health providers and staff with the knowledge and skills to provide affirmative and inclusive care to LGBTQIA+ individuals with substance use disorders. Additionally, the training will provide evidence-based, practical strategies for behavioral health providers to create safer treatment spaces and increase relational security for the clients served.</p>	1
<p>Exploring Psychedelic-Assisted Therapy: A Journey into Mind and Medicine</p> <p><i>Presented by:</i> <i>Dave Dunn, MS, MHC-LP, MBA</i></p>	<p>Psychedelics, including ketamine, psilocybin and MDMA, and psychedelic-assisted therapy are widely becoming accepted as powerful new mental health treatments. Learn about the history of psychedelics, the science behind why they work, the current legal and regulatory landscape, and why so many people on the cutting edge of research into a multitude of mental health issues are excited about the potential psychedelics bring. Briefly learn about the different psychedelics and how they are being used to treat people struggling with depression, anxiety disorders, post-traumatic stress disorder (PTSD), substance use disorders, obsessive-compulsive disorder (OCD), eating disorders, and more. Finally, learn how psychedelics have the potential to be helpful not just for individuals, but also for addressing some of the larger issues we face as a society.</p>	2
<p>AI for All? Addressing Challenges to Equity in Using Large Language Models for Nutrition and Lifestyle Modification Programs</p> <p><i>Presented by:</i> <i>Dr. Mirna P. Amaya, PhD, MPH</i></p>	<p>As AI technologies gain prominence in health and wellness interventions, ensuring equity remains a critical concern. This session explores how AI-driven nutrition and lifestyle programs can inadvertently perpetuate health disparities when access, cultural responsiveness, and bias are overlooked. By the end, participants will be equipped with actionable strategies to integrate an equity lens into AI-based initiatives, underscoring the importance of responsible AI stewardship in benefiting all populations.</p>	3

Monday, April 7, 2025 – 1:00 p.m. - 2:00 p.m.

BREAKOUT SESSION	DESCRIPTION	ROOM
<p>“Breaking Barriers: Addressing the Impact of Managed Care and Insurance on Access to Behavioral Health Care”</p> <p><i>Presented by: Kayla Kelly, LMSW & Master CASAC</i></p>	<p>Discussing data related to how managed care and commercial insurance companies impact individuals seeking recovery and how to work around those barriers.</p>	5
<p>Building a Trauma Responsive Environment to Support Workforce Wellness</p> <p><i>Presented by: Diana Padilla MCPC, CTSS, CARC</i></p>	<p>Trauma-informed care has become an essential part of behavioral health care for communities and the providers who provide that care. Consistent exposure to traumatic experiences places staff at elevated risk of secondary traumatic stress and emotional depletion impacting their well-being and ability to provide empathetic person-centered quality services. Organizations that become trauma-responsive are those that proactively enhance the work setting to support staff safety and stability.</p> <p>This presentation will help highlight the correlations between social determinants of health, trauma, and stress, and impacts on communities and the behavioral health workforce. Further, the content will identify strategies and activities that organizations can implement to reduce and prevent chronic emotional stress promoting a culture of health and wellness.</p>	6
<p>Addiction is preventable: the impact of addressing self-medication</p> <p><i>Presented by: Dr. Diana Martinez, MD</i></p>	<p>Teenagers with psychiatric symptoms – like depression, anxiety, impulsivity, and learning problems – are more likely to use drugs during high school and more likely to develop a substance use disorder. The interaction between psychiatric disorders and drug use is often referred to as self-medication, and it contributes significantly to the risks of problematic drug use in teenagers. The goal of this seminar is to help providers address drug use and mental health issues with students of all ages. It includes science-based education to improve safety and interventions to prevent the onset of problematic drug use.</p>	7/8
<p>De-escalation, Basic Tools for Social Workers (& Everyone in the Services Setting)</p> <p><i>Presented by: Paul Warren</i></p>	<p>This interactive learning community conversation outlines the process of de-escalation, considers the impact of worker wellness on effective de-escalation and provides opportunities to reflect on the realities of de-escalation.</p>	9/10

Monday, April 7, 2025 – 2:30 p.m. - 3:30 p.m.

BREAKOUT SESSION	DESCRIPTION	ROOM
Update on OMH's Expanding Focus on Integrated Care <i>Presented by:</i> <i>Dr. Christopher W. Smith, PhD</i>	The presentation will describe OMH's priority focus on ongoing and expanding work in integrating mental health care with substance-use, primary care, and intellectual and developmental disabilities.	1
If We All Just Sat Down for a Cup of Coffee <i>Presented by:</i> <i>Kym Laube, National Speaker and Trainer</i>	Substance use prevention, harm reduction, and recovery may seem like separate paths, but they share a common goal: making people and communities healthier. Too often, silos prevent collaboration, limiting the potential for meaningful solutions. By uniting these efforts, we can reduce triggers, support recovery, and delay youth substance use. This session explores the evolving landscape of youth substance use and mental health, using insights from the CDC's Youth Risk Behavior Survey (2011–2021) to uncover key trends. We'll examine the lasting effects of the past decade's crises and discuss proactive, data-driven strategies for fostering resilience. Through open dialogue, we will address the pressing challenges those in our system face, and break down barriers between prevention, treatment, and recovery. Join us to develop innovative, community-centered approaches that create lasting change for the next generation and those in the recovery world and all the places in between. Together, we can shape a healthier, more connected future.	2
Professional Boundaries and Ethics within the Virtual Behavioral Health Care Space <i>Presented by:</i> <i>Dr. Delores Blackwell</i> <i>LCSW/PhD</i>	As our world has become more digital, the provision of virtual/online behavioral health services has become the norm rather than the exception. As we move to provide more addiction and mental health services on virtual platforms and via telehealth, we must consider necessary changes in how we maintain boundaries and practice ethically with our clients within the telehealth space. This workshop will explore the key areas of consideration in providing ethical integrated care via telehealth that considers both the quality of care and the professional boundaries and ethics necessary to protect clients and service providers.	3
Trauma-informed Approach to Supporting Clients with Post-Election Fears <i>Presented by:</i> <i>Ryan Sforza, LMHC</i>	Post-election many patients are experiencing panic about the unknowns of how their lives might be impacted by the change in administration. Many therapists are unsure how to supportively process their patients' fears and create care plans for coping ahead. This training will reframe these looming fears utilizing polyvagal theory, principles from domestic violence counseling, and Dialectical Behavioral Therapy to foster patient skills for grounding and empowerment, with a minority systems approach for cultural competency.	5

Monday, April 7, 2025 – 2:30 p.m. - 3:30 p.m.

BREAKOUT SESSION	DESCRIPTION	ROOM
<p>Unconscious Dynamics in Integrated Care Teams: Enhancing Collaboration through Systems Psychodynamics</p> <p><i>Presented by:</i> <i>Dr. Matthew C. Dunn</i> <i>PsyD., MCPC</i></p>	<p>Integrated care teams operate in complex, high-stakes environments where collaboration is essential for delivering comprehensive care. However, unconscious dynamics—such as hidden assumptions, unspoken fears, and unresolved group tensions—can significantly impact team interactions, decision-making, and ultimately, patient outcomes.</p> <p>This presentation explores the often-overlooked role of these unconscious processes in team functioning using systems psychodynamics. Attendees will learn how underlying psychological forces, group dynamics, and organizational culture shape integrated care teams' behaviors, attitudes, and effectiveness.</p>	6
<p>Understanding Resilience: The missing piece in developing a comprehensive health self-management program</p> <p><i>Presented by:</i> <i>Dr. Anthony Salerno</i></p>	<p>A whole health perspective is an essential characteristic of an integrated system of care which includes recognizing and addressing the critical role of traumatic stress and resilient coping in the overall health and wellbeing of individuals. Integrating this knowledge into the current healthcare systems has been a challenging goal for medical and behavioral health providers, policy and practice researchers, and trauma-informed/resiliency-focused thought leaders.</p> <p>In the spirit of a person-centered approach to integrated holistic care, organizations struggle to implement strategies to empower individuals with the knowledge and skills to make informed health-promoting decisions associated with traumatic stress and resilient coping.</p> <p>This workshop is designed to increase one's understanding of the benefit of trauma-related psychoeducation with a renewed emphasis on resilience, a concept that has all too often taken a back seat to the prominence of the literature on trauma-informed care. Resilience will be discussed as a concept with significant and practical implications for programs providing physical and behavioral health care services.</p>	7/8

Please note that there will be no breakout session in room 9/10 during this breakout session (Monday, April 7, 2025 – 2:30 p.m. - 3:30 p.m.)

Tuesday, April 8, 2025 – 1:00 p.m. - 2:00 p.m.

BREAKOUT SESSION	DESCRIPTION	ROOM
<p>A Family Member Perspective: What Families Need to Know about Dual Diagnosis</p> <p><i>Presented by:</i> <i>MaryBeth Oyer-Dunnewold</i></p>	<p>Even though the AMA recognizes addiction as a chronic and treatable disease, there is still a common misconception that a patient suffering from addiction must want long-term sobriety to get treatment. This paradigm sets up the patient, and the clinicians treating them, for failure. Hear a family member's perspective of a 29-year-old patient who was diagnosed with anxiety and alcoholic peripheral neuropathy. She died when she attempted to go "cold turkey" in preparation for a doctor's appointment. The official cause of death was complications of chronic alcoholic liver disease and alcohol withdrawal. But the reason she died was because family members didn't know that alcohol withdrawal could be deadly. This presentation will explore opportunities for clinicians to counsel patients about addiction as a chronic and treatable disease, and how to connect family members to educational resources to learn about addiction and mental illness.</p>	1
<p>How do we integrate before we disintegrate?</p> <p><i>Presented by:</i> <i>Robert Kent, Juris Doctor</i></p> <p><i>Stephanie Campbell, MSW</i></p>	<p>This session will provide the audience with specific and concrete ideas to consider as the BH field moves to integrated care. We will also discuss the policy landscape at the federal and state levels that will impact program viability.</p>	2
<p>The AI Paradox: How to Stay Human in an Tech Driven World</p> <p><i>Presented by:</i> <i>Jeremy D. Butler</i></p> <p><i>Jimsak Daoreuang MSed, MSW ('25)</i></p>	<p>In a world where technology, social media, and artificial intelligence dominate communication, maintaining authentic human connection has never been more critical. While these tools enhance efficiency, they also risk eroding empathy, emotional attunement, and deep personal connections. This interactive session explores the neuroscience behind human connection, the impact of technology on our ability to empathize, and practical strategies to foster compassion in digital spaces. Through engaging discussions and experiential exercises, participants will discover how to balance technological advancements with emotional intelligence, ensuring that humanity remains at the heart of our interactions.</p>	3

BREAKOUT SESSION

DESCRIPTION

ROOM

Enhancing Youth Mental Health: A Collaborative Approach to Suicide Prevention

*Presented by:
Krysta Broeker*

Anita Whitaker

This presentation introduces the Youth Suicide Prevention (YSP) Program by Contact Community Services Inc., a groundbreaking initiative dedicated to preventing youth suicides among underserved Hispanic/Latino, Black/African American, and LGBTQIA+ populations in Onondaga County.

The program collaborates with schools, community organizations, and behavioral health services, employing culturally responsive and trauma-informed practices to promote safety, connectedness, and mental wellness for at-risk youth aged 12 - 18. Attendees will gain insight into:

- The mission to establish culturally competent pathways for prevention, intervention, and crisis response.
- The integration of best practices, including systematic risk assessments, suicide-specific interventions, and postvention strategies.
- Measurable outcomes, including enhanced emotional well-being, reduced suicidal ideation, and increased access to mental health supports.

This session will highlight how the YSP Program harnesses community collaboration, evidence-based methods, and culturally relevant strategies to create a united front against youth suicide, ultimately saving lives and building resilience in marginalized communities.

5

Best Practices for Fostering Professional Boundaries Between Peer Support Staff and People Receiving Services

*Presented by:
Kim Affinati, MS*

Brandi Young, MS, CAS

Jacquelyn Sullivan, BA

This session will highlight a new prevention product developed by the Justice Center, aimed at providing agencies who use a peer employment model, with the tools and resources needed to foster professional, therapeutic relationships between peer specialists and people receiving services. This session will include an overview of the topic and provide practical tools for agencies to use in their programs.

6

Tuesday, April 8, 2025 – 1:00 p.m. - 2:00 p.m.

BREAKOUT SESSION	DESCRIPTION	ROOM
<p>Substance Use and Mental Health in the Perinatal Period: Harnessing Technology to Address Barriers to Care</p> <p>Presented by: <i>Mariam Sulaimon, MA, B.Sc.</i></p> <p><i>Epiphany Charles, MPH, B.Sc.</i></p>	<p>This session will explore how digital tools can address barriers to care for pregnant and postpartum individuals experiencing co-occurring substance use and mental health challenges. We will discuss the state of digital interventions in this field, focusing on their scalability, confidentiality, and convenience. Examples of evidence-based digital support systems developed by Partnership to End Addiction will be shared, including the helpline and automated messaging interventions for New York State.</p>	<p>7/8</p>
<p>ADHD Awareness in the Treatment Setting</p> <p>Presented by: <i>Monroe Shim, BSW CASAC</i></p>	<p>What's the deal with everyone having ADHD nowadays? This session will discuss and explore Attention-deficit/ hyperactivity disorder (ADHD), myths and misconceptions, and how ADHD symptoms may present in the treatment setting. We will also discuss how culture may impact the presentation of ADHD, and how we can be aware of our own biases when working with clients with diagnosed or potentially undiagnosed ADHD.</p>	<p>9/10</p>

Tuesday, April 8, 2025 – 2:30 p.m. - 3:30 p.m.

BREAKOUT SESSION	DESCRIPTION	ROOM
<p>More to Learn From Adverse Childhood Experiences: Secondary Traumatic Stress Implications for Mental Health Professionals and Integrated Care Models</p> <p><i>Presented by:</i> <i>Dr. Erica Lacey</i> <i>PhD, LCSW, LMFT</i></p>	<p>Amid the repetitive encouragement of self-care practice within the mental health field and a growing trend of weaponized self-care in popular culture, it is important to evaluate factors predisposing a mental health professional (MHP) to trauma responses. This session examines the predictive relationship between Adverse Childhood Experiences (ACEs) and Secondary Traumatic Stress (STS) among MHPs. Drawing on recent research, we will explore differences in ACEs and STS among MHP disciplines and discuss how these findings can inform integrated care models. Attendees will gain a deeper understanding of the systemic and interpersonal challenges that contribute to STS and leave equipped with strategies to address these barriers through innovative clinical and organizational approaches. Emphasis will be placed on fostering diversity, equity, and inclusion in treatment settings and interdisciplinary collaboration to enhance resilience and support for both practitioners and clients.</p>	1
<p>Remaining Person-Centered through Counter-Transference</p> <p><i>Presented by:</i> <i>Manuel Rivera</i> <i>MA, LPC, CAADC, NCC</i></p>	<p>This training's goal is to teach participants to be aware of how transference, countertransference, external factors, and our own biases play a role in our interactions when working with patients and continue to do effective clinical work.</p>	2
<p>Addressing co-occurring substance use and mental health conditions to optimize outcomes</p> <p><i>Presented by:</i> <i>Dr. Chinazo Cunningham, MD</i></p>	<p>Effective addiction treatment and mental health care are deeply interconnected. This presentation explores how OASAS and OMH collaborate to integrate services, streamline care access, and improve outcomes for those with co-occurring disorders.</p>	3

Tuesday, April 8, 2025 – 2:30 p.m. - 3:30 p.m.

BREAKOUT SESSION	DESCRIPTION	ROOM
<p>Our Perception of Our Patients Matter! How to better meet them and accept them for who they are.</p> <p><i>Presented by:</i> <i>Dr. Candi Capozzi Jones</i> <i>DNP, BS, RN, EMT-P, ANP-BC, CARN-AP</i></p>	<p>An open discussion of how our patients in the “addiction population” are perceived in the general medical community. Identifying that, while we work with them, our judgment of them still occurs, even if unintentional. We should strive to understand them and their condition, see them in the spaces they are in, and who they are. These persons are trying to fill an emptiness, escape trauma or torture, change a lack of direction, or manage life stresses with their use. How do we change our own minds and the minds of fellow clinicians to see them not as a population but as individuals who have needs, wants, and desires but may not have the skills to achieve the same that our (clinicians, providers, counselors) perception of them affects our treatment of them.</p>	5
<p>Envisioning the Future of Care for the Care Giver: Fostering Recovery Ready Workplaces.</p> <p><i>Presented by:</i> <i>Maureen Farrell</i> <i>RN, MSN</i></p> <p><i>Deborah Koivula</i> <i>RN, BSN CARN</i></p>	<p>In this session, we will explore the workplace as an essential environment for supporting employee recovery, review organizational frameworks that prioritize wellness, foster compassion, and increase help-seeking behaviors for healthcare workers.</p>	6
<p>Introduction to a Family-Based Approach-Treating Internalized Distress among Adolescents with Substance Use Problems</p> <p><i>Presented by:</i> <i>Molly Bobek, LCSW</i></p>	<p>Internalized distress (ID), primarily depression and anxiety, are highly prevalent among adolescents receiving community-based treatment for substance use disorders (SUDs). For such clients, interventions that do not holistically address IDs along with SUDs are less effective.</p> <p>This session will introduce data and research to new approach in development as part of a federally funded research study aiming to train and support clinicians treating youth with ID and SUD. The session will include an overview of the research project, description of the protocol techniques, and opportunities for attendees to observe the techniques via video modeling and practice themselves via role play and small group activities. Protocol techniques include Family Engagement, Family ID Education and Functional Analysis, and Emotion Regulation Skills and Support.</p>	7/8

Please note that there will be no breakout session in room 9/10 during this breakout session (Tuesday, April 8, 2025 – 2:30 p.m. - 3:30 p.m.)



KEYNOTE SPEAKERS



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SEAN ASTIN

Sean Astin is an actor/director best known for his film and television roles such as Bob Newby, a former high school friend and love interest to Winona Ryder's character, Joyce Byers in Season 2 of Netflix's horror thriller "Stranger Things." Astin of course is also known for his classic and beloved characters - Sam in the Lord of the Rings trilogy and the title character of Rudy and Mikey in the popular classic The Goonies.

Astin starred as Ed in Netflix's family sitcom, "No Good Nick," and guest starred in "Brooklyn Nine-Nine" and "The Big Bang Theory." Astin joined the cast of NBC's "Young Rock," as Dwayne Johnson's childhood nemesis. Currently, Astin will play Sunny Gryce, in S2 of HBO's "Perry Mason" as a new client of Perry and Della's. Astin has also been cast as Becky's love interest, in S5 of ABC's "The Conners."

Recent films include; Astin's powerful performance as Jeremy in Julianne Moore's film Gloria Bell, Mayfield's Game opposite Mira Sorvino, Charming The Hearts of Men opposite Kelsey Grammer, Hero Mode, Adverse, Rose Island and is the voice of Shazam in Lego DC Shazam – Magic & Monsters.

Astin is no stranger to thrillers, with dramatic turns in numerous television, films and series, including Guillermo Del Toro's "The Strain" on (FX) and the fifth season of "24" (Fox).

Recently Astin narrated and produced Playing with Power: The Nintendo Story. In 2019, Astin reprised his iconic role of Daniel "Rudy" Ruettinger as Colonel Sanders in KFC's 'Rudy II' commercial ads.

Astin directed and produced the short film Kangaroo Court, which earned him an Academy Award® nomination for Best Live Action Short Film. Astin also directed and produced the live-action short film The Long and Short of It, an official entry in the Sundance Film Festival. Astin has journeyed into episodic television, directing episodes of "Angel" (WB) and "Jeremiah" (Showtime).

The veteran actor recently narrated Dreamworks' original series Captain Underpants and has voiced many animated characters in films and television including Raphael in the Teenage Mutant Ninja Turtles (Nickelodeon), Bunnica (WB), Justice League (WB), Special Agent Oso (Disney), Micronauts (Paramount) and Minecraft: Story Mode (Telltale).

Astin is an avid long-distance runner and triathlete. He completed the IRONMAN World Championship Triathlon in Kailua-Kona, Hawaii on October 10, 2015. He has also completed 12 Full Marathons including the 2016 New York City Marathon in honor of his late mother, Patty Duke for her life's work as an advocate for mental health.



TONIER CAIN

*Trauma Survivor & Internationally
Recognized Trauma Informed Care Expert*

Bio:

Tonier works tirelessly to raise the awareness about trauma informed care around the world. She has trained providers in all 50 states. Tonier is an advocate and educator, speaking all over the world on trauma, addiction, incarceration, homelessness, substance abuse and mental health. Her work has been used as a model in other countries for the establishment of their trauma informed care protocols.

Tonier was the former team leader for the National Center for Trauma Informed Care, with the National Association of State Mental Health Program Director. Currently, she works to create international leaders in the field of Trauma Informed Care. She hosts an annual national conference to update and enlighten providers on current best practices. Tonier's methods have proven to be effective, resulting in numerous awards for her work. She has been honored by three governors, several mayors, and a state attorney with proclamations naming days after her, because of her help to transform their city and state.

Tonier is the C.E.O. and Founder of Tonier Cain International, Founder and President of Neen Cares, Inc., a 501 C 3, Founder and Co-C.E.O. of M.E.T.-R Integrated Health Global, as well as the Founder and C.E.O. of Purposeful Entertainment, a media production company.

She is an award-winning Film Producer that is the Creator and Producer of the upcoming tv show Restoration, Executive Producer of the film Walking Thru Bullets, subject and Co-Producer of the Award-Winning Film Healing Neen, along with being featured in the Documentary Behind Closed Doors: Trauma Survivors in the Psychiatrist System and advising on the film Like Any Other Kid.

Tonier is an author and serves as a Citygate Network Board Member. Her commitment to advocating for those who are often forgotten hasn't gone without recognition. She has been featured in many articles including December's 2014 Ebony magazine and appeared on over 17 talks shows. Tonier Cain uses her life experiences to make a difference for trauma survivors.

Session: *The Healing Neen Presentation*

Tonier Cain shares her life story, depicting an unbelievable personal journey through trauma and healing. The goal is to increase understanding about the importance of designing individualized treatment plans for consumers. Helping Systems of Care understand how easy it is to do more harm when you don't understand the impact of trauma. During the presentation, she talks about what it took for her to start living with more hope than fear.



GALEN EMANUELE

Keynote Speaker | Team Culture, EQ, Leadership

Bio:

Galen Emanuele transforms the way teams and organizations approach and establish culture, perform together, and impact each other at work. His unique content massively improves team dynamics, communication, EQ, and generates high-level performance and engagement. Galen has a unique gift of cutting through the noise and fluffy language to translate broad concepts into simple, practical skills and mindsets. A highly sought-after international speaker, with clients including Microsoft, Safeway, and NASA, Galen is also a world-class improviser and has toured with the cast from *Whose Line Is It Anyway?*

Session:

Shift Yes: Transform Your Teams With “Yes, And”

Join us for an interactive keynote that will transform the way you show up, communicate, and drive culture within your organization— as well as how you approach every relationship in your life. Through skill-building exercises, you will laugh and learn with fellow attendees as you collectively experience the impact of a “Yes, and” culture on a team’s performance, mindset, and engagement. Arrive ready to skyrocket your communication, leadership, self-awareness, and emotional intelligence by utilizing the five core tenets of improv: Saying Yes, Listening & Being Present, Making Others Look Good, Embracing Change, and Choosing Positivity. This session is your opportunity to fundamentally shift your interactions at work with clients and co-workers alike, fostering cohesive teams and redefining your approach to organizational culture.



MARIAM KHAYRETDINOVA

CEO and Co-Founder of Brainify.AI, a leading company in precision psychiatry

Bio:

Mariam Khayretdinova is the CEO and Co-Founder of Brainify.AI, a leading company in precision psychiatry. With an extensive background in applied mathematics, psychology, and neuroscience, Mariam leverages her expertise to innovate personalized mental health treatments. She holds a Master's degree in Applied Mathematics (2013) and a Master's degree in Psychology from Harvard (2022). Her career spans over a decade in data analysis and technology, including positions at Unilever, Coca-Cola HBC Eurasia, EPAM Systems, and Bright-Box, a start-up later acquired by Zurich Insurance. Under her leadership, Brainify.AI develops AI-driven predictive models and treatment plans to enhance mental health outcomes. Mariam is committed to revolutionizing patient care through evidence-based approaches and cutting-edge technology.

Session:

"Transforming Mental Healthcare with AI: Precision Treatment Through Brainwave Analysis."



CONNOR MCKAY

Director for Advocacy at the National Council for Mental Wellbeing

Connor McKay is Director for Advocacy at the National Council for Mental Wellbeing, a membership organization representing nearly 3,500 community-based mental health and substance use care organizations nationwide. Connor's extensive public affairs experience includes grassroots and grassroots advocacy campaigns, public relations, and coalition development and management. He has worked with community healthcare providers, trade associations, and advocacy organizations to effectively hone messaging and persuade a wide variety of audiences, including lawmakers and the general public.

PANEL DISCUSSION

TUESDAY, APRIL 8, 2025

PANEL SPEAKERS



Lauri Cole

*Executive Director at NYS Council for
Community Behavioral Healthcare*



Joshua Rubin

Vice President at Client Solutions



Jihoon Kim, LMSW

President & CEO at InUnity Alliance



Vincent Rossetti

*Founder & Principal of Rossetti
Government Relations LLC (RGR)*