TRAINING INSTITUTE
2019 TRAINING CALENDAR

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Helio Health
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Helio Health

The Helio Health Training Institute offers quality continuing education to individuals interested in furthering their career in Substance Use Counseling and other human services disciplines. The Training Institute is a certified training provider through both OASAS, for CASAC initial certification and recertification courses and the New York State Education Department for LMSW/LCSW and LMHCs recertification courses (approval statements are at the bottom of this page).

All trainings posted in this brochure are open to the public and are offered, unless otherwise stated, at our Learbury Training Institute located at 329 North Salina Street, Syracuse, NY 13203. Should you have any questions feel free to contact us either via email at: Training@helio.health or via Telephone at: 315.471.1564 Ext. 392

Our training calendar is shown on the following pages and Information on our CASAC initial certification training follows. Thank you and we look forward to helping you meet you training needs in 2019.

Approval Statements:

Helio Health is recognized by New York State Office of Alcoholism and Substance Abuse Services to provide initial certification and continuing education training to Certified Addiction and Substance Abuse Counselors #0444.

Helio Health is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #00007

Helio Health is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0057.

Helio Health

Training Institute

Training Institute Director
Jason Page, MA, CTRS, CASAC
B.A., Canterbury Christchurch UK.
B.A. SUNY Cortland
M.A., SUNY Cortland
Ph.D. (c), Clemson University

Training Institute Specialist
David Babb, BA, CASAC, CRPA
B.A., Binghamton University

Training Institute Specialist
Steven Comer, MA, CASAC, CRPA
B.S., SUNY Empire State College
M.A., Amberton University

Training Institute Specialist
Jessica Krohn, LMSW
B.S., Binghamton University
MSW, Syracuse University

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Training Calendar 2019

Event	Date	Time/Location	CEU

August			
Narcan Administration Training	EVERY WEDNESDAY	2:00PM Recovery Center 714 Hickory Street Syracuse, NY 13203	Free Limited Space

September			
CASAC Section 3	9/5/19	Live in Person Tue and Thurs 4-7pm	$910
Narcan Administration Training	EVERY WEDNESDAY	2:00PM Recovery Center 714 Hickory Street Syracuse, New York 13203	Free Limited Space
CPR	9/12/19	9:00-12:00pm	$60
DBT Principles	9/16/19	9:00-4:00pm	$150 6 CEU SW MHC CASAC

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October			
Narcan Administration Training	EVERY WEDNESDAY	2:00PM Recovery Center 714 Hickory Street Syracuse, NY 13203	Free Limited Space
CASAC REVIEW	10/2/-10/3/19	9:00-4:00pm	$150
No More Silence Symposium The ABC's of LGBTQ+ Interpersonal Violence, the Basics	10/10/19	9:00am-4:30pm	6 CEU CASAC SW MHC $125
Mental Health First Aid	10/11/19	8:00am-4:00pm	$100 6 CEU CASAC SW MHC
Defensive Driving	10/23/19	9:00-4:00pm	$60
CASAC Section 3	10/28/19	Live Online Mon and Wed 5-8pm	$910
New Ethical Dilemmas in the Digital Age	10/24/19	8:00-3:00pm	6 CEU CASAC **FREE**

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November			
Narcan Administration Training	EVERY WEDNESDAY	2:00PM Recovery Center 714 Hickory Street Syracuse, NY 13203	Free Limited Space
Mental Health First Aid	11/20/19	8:00am-4:00pm	$100 6 CEU CASAC SW MHC
CPR	11/21/19 **Rochester**	9:00-12:00pm	$60
December			
CASAC Section 3	12/3/19-3/3/19	Tues and Thurs 4-7pm **Binghamton**	$1500
Clinical Supervision Foundation II Required 14 hour pre-requisite online portion and it must be completed (with certificated sent to training) before the start of the course.	12/4/19-12/6/19	8:00am-4:30pm (Registration from 8-8:30) Registration information will be emailed out to people on the Training Institute mailing list.	16 CEU CASAC SW MHC $150

Narcan Administration Training	EVERY WEDNESDAY	2:00PM Recovery Center 714 Hickory Street Syracuse, NY 13203	Free Limited Space

If not noted all training will take place at 329 North Salina Street, Syracuse, New York 13203

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COURSE DESCRIPTION

Course title	Description
CASAC Review Presented by: Steven Comer, MA, CASAC II, CRPA	This 12 hour course is designed to help candidates review and prepare for the CASAC Certification exam. The class covers material from all four CASAC Sections and covers information on how to prepare for and take a test given in an electronic testing format. As a prerequisite students will need to take an approved CASAC prep exam and meet for a one on one with the course instructor. The fee for the exam is extra to the course fee and charged at the standard rate set by the examiner.
CASAC Section 1 Knowledge of Alcoholism and Substance Abuse	This course covers the 85 hours of required education for Section 1 of the 350 hour training for CASAC Certification.
CASAC Section 2 Alcohol and Substance Abuse Counseling	This course covers the 150 hours of required education for Section 2 of the 350 hour training for CASAC Certification.
CASAC Section 3 Assessment; Treatment Planning; Case Management; and Patient, Family and Community Education	This course covers the 70 hours of required education for Section 3 of the 350 hour training for CASAC Certification.
CASAC Section 4 Professional and Ethical Responsibilities	This course covers the 45 hours of required education for Section 4 of the 350 hour training for CASAC Certification.
Certified Recovery Peer Advocate Presented by: Jason Page, MS, CTRS, CASAC Jessica Krohn, LMSW	This 46hr course offers the four required modules and meet the training/certification requirements of the NYCB for the CRPA certification. This intensive course will cover 10hrs of advocacy, 10hrs of mentoring and education, 10hrs of recovery and wellness supports, and 16hrs of ethics. At the end of this course, participants will be eligible to apply for provisional CRPA status (CRPA-P) and sit for the NYCB/IC&RC Peer Recovery Exam.
Certified Recovery Peer Advocate Review Presented by: Jason Page, MS, CTRS, CASAC Jessica Krohn, LMSW	This 8 hour course is designed to help candidates review and prepare for the CRPA Certification exam. The class covers material from all four CRPA Sections and covers information on how to prepare for and take a test given in an electronic testing format.

Clinical Supervision Foundations II Presented by: Nathan Rauscher, LMSW, Master CASAC Dorothy Radcliff, CASAC	This training is developed to meet the state requirement that people who are CASAC's or otherwise a QHP working in our field of care, to become OASAS certified clinical supervisors. Pre-requisite Clinical Supervision Foundations I Online Course • This 14-hour, self-paced course is designed to introduce the terms, topics, and resources essential to clinical supervision. This course is a pre-requisite to the 16-hour Clinical Supervision Foundations II classroom training. To access the course: http://www.healtheknowledge.org This course is approved for OASAS credentialing hours. There is no need to pay for the course unless Social Work Continuing Education hours are desired.
Compassionate Communication Presented by: Jessica Krohn, LMSW	This training will provide a brief overview of communication as a tool for learning and connectedness. The training will promote increased comfort in addressing conflict and communicating effectively with others (colleagues, family, patients, etc). There will be a short exercise, an opportunity for discussion and information about how to practice nonviolent communication and avoid compassion killers during interactions with others.
CPR (BLS) Presented by: Jessica Krohn, LMSW Steven Comer, MA, CASAC II, CRPA	American Heart Association trained Instructors The BLS Course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED. In the Instructor-led course, students participate in simulated clinical scenarios and learning stations. Students work with an AHA BLS Instructor to complete BLS skills practice and skills testing. Students also complete a written exam.
Defensive Driving Presented by: Steven Comer, MA, CASAC II, CRPA	Our instructors are certified through the National Safety Council for Defensive Driving. You can save up to **10% on your auto insurance** and reduce up to **4 points** on your driving record after completion of the class. This class is 6 hours in length plus a 30 minute lunch break. This defensive driving course will refresh your driving knowledge with a review of time-tested driving tips and an overview of today's vehicle and traffic laws. Each participant in this course may be eligible to reduce as many as four points on his/her driving record. The DMV computer will automatically note your eligibility to receive the reduction. If you are the primary operator of a motor vehicle, you may also receive a minimum of 10% reduction in the base rate of your automobile or motorcycle liability insurance premiums each year for a period of 3 years.
DBT Principles Presented by: Tracy Torelli LMSW	This course provides an overview of Dialectical Behavioral Therapy: DBT. Before introducing approaches, theories and skills that can be used in a behavioral health setting to address problems when treating individuals with personality disorders. These approaches can be used individually or in group settings to reduce discord and increase treatment retention.

Interpersonal Violence, the Basics Presented by: Jessica Krohn, LMSW	This course will provide an introductory overview to the different forms of interpersonal violence. Participants will engage in activities that will promote internal understanding of interpersonal violence. Participants will learn about warning signs and coping strategies of those who have encountered interpersonal violence. An overview of warnings signs and abusive strategies will be included. Closing with tips and tools on supporting those who have encountered interpersonal violence.
Mental Health First Aid Presented by: Sarah Vienne LMSW Steven Comer, MA, CASAC II, CRPA	The course trains participants to help people who may be experiencing a mental health problem or crisis. You learn: 1. Risk factors and warning signs of mental health problems. 2. Information on depression, anxiety, trauma, psychosis, and addiction disorders. 3. A 5-step action plan to help someone developing a mental health problem or in crisis. 4. Where to turn for help — professional, peer, and self-help resources.
Narcan Administration Training Presented by: Helio Health Staff	Free trainings cover overdose recognition tips, Narcan injections, and access to Narcan kits (medicine and carrying kit). Narcan is a brand name for naloxone, a medication designed to rapidly reverse opioid overdose. It is an opioid antagonist meaning that it binds to opioid receptors and can reverse and block the effects of other opioids. It can very quickly restore normal respiration to a person whose breathing has slowed or stopped as a result of overdosing with heroin or prescription opioid pain medications
New Ethical Dilemmas in the Digital Age	Free OASAS Approved Training The course will train participants on how to adapt to the new culture wisely (Digital Age). Will necessarily involve both understanding the ethical principles themselves as well as developing competence in the technology of the burgeoning digital culture.
The ABC's of LGBTQ+ Presented by: Jennifer Crider, LMSW, CASAC II	This workshop has been developed to provide professionals in all areas of substance use and mental health disorder treatment with the basic knowledge and tools to work with LGBTQ+ clients. The purpose of this training is to give an opportunity to identify biases, strengths and areas for improvement around working with those who identify as part of the LGBTQ+ community. Offered will be ideas for implementation of LGBTQ+ sensitive treatment and community resources as well as an opportunity to discuss self-identification and expression.

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Helio Health Training Institute

Attendee Application Form

This registration form is for individuals seeking to complete training with Helio Health Training Institute.
Please complete all parts of the form.

Part 1: Contact information

Last Name: First Name:

Address:

City: State: Zip:

Email:

Contact Phone Number:

Do you currently hold any professional certification or license? Yes: No:

If yes, which: Lic/Cert#:

Part 2: Training(s) being registered for:

Training 1 Title:

Training Cost: $

Training 2 Title:

Training Cost: $

Training 3 Title:

Training Cost: $

Total Cost: $

I certify that the information contained in this application is correct to the best of my knowledge. By signing below I accept responsibility for the payment of the above mentioned costs. Refund/Cancellation Policy: Registrations may not be cancelled within 14 days of the event. Cancelations more than 14 days prior to the event are eligible for a 100% refund of the registration fees paid.

Signed: Date:

Part 3: Payment

Payment Type (please check):

Personal Check/ Money Order

Personal checks should be made payable to "Helio Health". Please note on the check the course that you are signing up for. Checks can be mailed or brought into the Helio Health administrative offices to: Helio Training Institute
555 East Genesee St.
Syracuse, NY 13202

Credit Card

Credit card payments can be made by completing the information below and returning this form to the Training Institute.

Billing address (if different from the address on Page 1).

Street Address:

City: State: Zip:

Card Type: MasterCard: VISA:

Name on Card:

Card Number: Security Code:

Expiration Date: Charge Amount: $

Your completed registration form and payment information can be emailed to Training@helio.health, or faxed to (315) 474 1554

Please note: Training Institute staff cannot take payment over the phone. Additionally, payment is required to reserve your place on a course.

Official Use Only

Registration and payment received on: Date

Registrant sent confirmation email on: Date

Registrant added to the class list on: Date

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