



Helio Health

2018 Training Calendar

# The Helio Health Training Institute

The Helio Health Training Institute offers quality continuing education to individuals interested in furthering their career in Substance Use Counseling and other human services disciplines. The Training Institute is a certified training provider through both OASAS, for CASAC initial certification and recertification courses and the New York State Education Department for LMSW/LCSW and LMHCs recertification courses (approval statements are at the bottom of this page).

All trainings posted in this brochure are open to the public and are offered, unless otherwise stated, at our Learbury Training Institute located at 329 North Salina Street, Syracuse, NY 13203.

Should you have any questions feel free to contact us either via email at: [Training@helio.health](mailto:Training@helio.health) or via Telephone at: (315) 474 5506 Ext.241

Our training calendar is shown on the following pages and Information on our CASAC initial certification training follows.

**Effective April 1<sup>st</sup> 2017 we will no longer accept paper registration forms. To access our online registration system and register for courses please go to: [www.regpacks.com/heliotraining](http://www.regpacks.com/heliotraining)**

Thank you and we look forward to helping you meet you training needs in 2018.

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## Approval statements:

Helio Health is recognized by New York State Office of Alcoholism and Substance Abuse Services to provide initial certification and continuing education training to Certified Addiction and Substance Abuse Counselors #0444.

Helio Health is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #00007

Helio Health is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0057.



## August 2018

Course title	CEUs	Date(s)	Description	Price
Ethics and Boundaries in a multidisciplinary environment (Part 1): The basis of Ethical decision making  Presented by Nathan Rauscher and Jason Page	Approved for: 1.5 CASAC 1.5 LMSW/LCSW 1.5 LMHC	8/2/18  12:00-1:30	<ul style="list-style-type: none"> <li>This introductory session will review the definition of ethics and the reasons ethical codes are vital when working with vulnerable people.</li> </ul>	\$25
Ethics and Boundaries in a multidisciplinary environment: (Part 2): Ethics...Not just an abstraction!  Presented by Nathan Rauscher and Jason Page	Approved for: 1.5 CASAC 1.5 LMSW/LCSW 1.5 LMHC	8/9/18  12:00 – 1:30	The second class in this series will examine the interaction between ethical codes of practice and wider social forces including legal changes. The class will cover confidentiality and matters relating to the NYS Justice Center.	\$25
American Heart Association Basic Life Support  Presented by Steven Comer	N/A	08/15/18  9:00am-12noon	<ul style="list-style-type: none"> <li>High-quality CPR for adults, children, and infants</li> <li>The AHA Chain of Survival, specifically the BLS components</li> <li>Use of an AED</li> <li>Effective ventilations using a barrier device</li> <li>Importance of teams in multirescuer resuscitation and performance as an effective team member during multirescuer CPR</li> <li>Relief of foreign-body airway obstruction (choking) for adults and infants</li> </ul>	\$65.00
Ethics and Boundaries in a multidisciplinary environment: (Part 3) Ethics in Practice  Presented by Nathan Rauscher and Jason Page	Approved for: 1.5 CASAC 1.5 LMSW/LCSW 1.5 LMHC	8/16/18  12:00 – 1:30	The third class in this series will examine issues regarding professional boundaries, Transference/Countertransference, and the role of supervision in handling Ethical challenges	\$25
Ethics and Boundaries in a multidisciplinary environment: (Part 4) Ethics and Wellness  Presented by Nathan Rauscher and Jason Page	Approved for: 1.5 CASAC 1.5 LMSW/LCSW 1.5 LMHC	8/23/18  12:00 – 1:30	The final class in this series will discuss the value of personal wellness as it relates to a professionals ability to maintain ethical conduct and examine how Burnout can impact one's performance.	\$25

## September 2018

Course title	CEUs	Date(s)	Description	Price
DBT Principles/Skills  Presented by Tracy Torelli LMSW	Approved for: 4.0 CASAC 4.0 LMSW/LCSW 4.0 LMHC	9/11/18  9:00-1:00	This course provides an overview of Dialectical Behavioral Therapy: DBT. Before introducing approaches, theories and skills that can be used in a behavioral health setting to address problems when treating individuals with personality disorders. These approaches can be used individually or in group settings to reduce discord and increase treatment retention.	\$75

## October 2018

Course title	CEUs	Date(s)	Description	Price
Suicide & Self Harm: Stopping the Pain  Presented by Jack Klott MSSA, LCSW, CSWW, Suicidologist.	Approved for: 6.25 CASAC 7.5 LMSW/LCSW 7.5 MHC 7.5 MFT	10/5/18  8:00-4:00	See material at back of calendar	\$175
Clinical supervision Foundations II  Presented by Nathan Rauscher and Dorothy Radcliff	Approved for: 16.0 CASAC  16.0 LMSW/LCSW  16.0 LMHC	10/17/18 to 10/19/18  8:00-4:30	This training is developed to meet the state requirement that people who are CASAC's or otherwise a QHP working in our field of care, to become OASAS certified clinical supervisors.  <b>(registration from 8-8:30)</b>  <b>Registration information will be emailed out to people on the Training Institute mailing list.</b>	\$75
LGBTQ+ Concepts in Cultural Diversity  Presented by Jennifer Crider	Approved for: 3.0 CASAC 3.0 LMSW/LCSW 3.0 LMHC	10/17/18  1:00-4:00	This workshop has been developed to provide professionals in all areas of substance use and mental health disorder treatment with knowledge and tools to work with LGBTQ+ clients. The purpose of this training is to provide participants an opportunity to uncover their hidden strengths and abilities to increase their understanding of a population with whom they may not have had much experience.	\$50

## November 2018

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Course title	CEUs	Date(s)	Description	Price
<p>Certified Recovery Peer Advocate</p> <p>Presented by Jason Page and Jacqueline Dyke</p>	<p>Approved for:</p> <p>NYCB – CRPA initial certification</p>	<p>11/5/18-11/9/18</p> <p>8:00-5:00</p>	<p>This 46hr course offers the four required modules and meet the training/certification requirements of the NYCB for the CRPA certification. This intensive course will cover 10hrs of advocacy, 10hrs of mentoring and education, 10hrs of recovery and wellness supports, and 16hrs of ethics. At the end of this course, participants will be eligible to apply for provisional CRPA status (CRPA-P) and sit for the NYCB/IC&amp;RC Peer Recovery Exam.</p>	<p>\$375</p>
<p>American Heart Association Basic Life Support</p> <p>Presented by Steven Comer</p>	<p>N/A</p>	<p>11/13/18</p> <p>9:00am-12noon</p>	<ul style="list-style-type: none"> <li>• High-quality CPR for adults, children, and infants</li> <li>• The AHA Chain of Survival, specifically the BLS components</li> <li>• Use of an AED</li> <li>• Effective ventilations using a barrier device</li> <li>• Importance of teams in multirescuer resuscitation and performance as an effective team member during multirescuer CPR</li> <li>• Relief of foreign-body airway obstruction (choking) for adults and infants</li> </ul>	<p>\$65.00</p>
<p>CASAC Review</p> <p>Presented by Steven Comer</p>	<p>Not Approved for CEUs</p>	<p>11/29/18 &amp; 11/30/18</p> <p>9:00 – 4:00</p>	<p>This 12 hour course is designed to help candidates review and prepare for the CASAC Certification exam. The class covers material from all four CASAC Sections and covers information on how to prepare for and take a test given in an electronic testing format.</p> <p style="color: red;">As a prerequisite students will need to take an approved CASAC prep exam And meet for a one on one with the course instructor. The fee for the exam is extra to the course fee and charged at the standard rate set by the examiner.</p>	<p>\$150</p>

# CASAC Initial Certification 350 Course

The Helio Health Training Institute is an approved OASAS Training provider for the delivery of the full CASAC 350 hour training for CASAC Certification.

Taking all 4 sections on a Tuesday and Thursday evenings only this course will take approximately 18 months to complete (this is the 350 element). Typically classes run from 4-7pm in the evening. There may be additional assignments outside of class time although this depends on the individual instructor. In order to offer an expedited course we also offer sections on Friday afternoons. Taking classes in the evening and on Friday mornings reduces the course to 12 months. Within this schedule there are once monthly full day classes. We encourage all participants to attend live sessions for the full day trainings as these serve as an opportunity to meet other professionals.

Completion of these classes will not count toward the work hour's requirement that is set by OASAS and varies depending on your qualifications. Further information on this can be found at:

<http://www.oasas.ny.gov/sqa/credentialing/CASACreq.cfm>

If you would like to discuss these requirements further, feel free to contact me and arrange a time to meet. If you have already submitted an application to OASAS and only require certain parts of a module or modules, we can work with you to accommodate that also, and can tailor the program to meet your needs. For SBH employees, there is the option of payroll deductions to pay for the training while non-employees can discuss a payment plan to help them cover the costs. Payment plans for non-SBH employees can also be worked out upon request.

To register for upcoming classes please go to our online registration system at:

[www.regpacks.com/heliotraining](http://www.regpacks.com/heliotraining)

I hope this answers some of your questions feel free to contact me for additional info.



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## Suicide & Self Harm: Stopping the Pain



**Date:** October 5, 2018

**Time:** 8:00am-4:00pm

**Registration:** 7:30am

**Location:** 329 North Salina Street, Syracuse, NY 13203

### Description

Using case studies taken from his 45-year career as a suicidologist and the DSM-5®'s expanded and comprehensive approach to suicide and self-mutilation –

*After examining the goals of suicide and the goals a person who self-harms desires to achieve, you will delve into treatment strategies that will help guide your client to achieve those goals with other, less damaging strategies. You will learn which personality types are most vulnerable to acts of suicide and self-mutilation, as well as the essential link between these behaviors and addiction disorders. Most importantly, your attention will be focused on the treatment relationship and the key to hope for both the suicidal and the self-harm clients.*

**ADDICTION COUNSELORS:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

**NEW YORK ADDICTION PROFESSIONALS:** This course has been approved by OASAS for 6.25 clock hours toward Initial Credentialing for CPP Section # 4, or Renewal for CASAC, or CPP or CPS. Board required certificates will be sent after the program.

**COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**NEW YORK COUNSELORS:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0033. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**EDUCATORS/TEACHERS:** This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**NEW YORK MARRIAGE & FAMILY THERAPISTS:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. #MFT-0024. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

**PSYCHOLOGISTS:** PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

**SOCIAL WORKERS:** PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**NEW YORK SOCIAL WORKERS:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0008. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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